



AA TODAY

ROCKFORD AREA INTERGROUP NEWSLETTER

JULY/AUGUST 2014 Volume 21, Number 4

Milestones

(Double digit AA birthdays in multiples of 5 years in July and August)

45 years

Mike W., New Attitudes

35 years

Julie M., Roscoe Recovery

Bill W., New Attitudes

30 years

Hugh D., Eastside HOW

Myron F., Healthy Solutions

Katie N., Eastside HOW

25 years

Hellen H., Augury

Gary C., Eastside HOW

Mike M., Healthy Solutions

20 years

Kayla F., Augury

Kris O., Fifth Avenue

Deb O., Healthy Solutions

Jerry H., Healthy Solutions

15 years:

Debbie L., Upper Room

Bobby F., Downtown, New Attitudes

Beth M., New Attitudes

10 years

Bobbi H., Downtown

Janet P., Eastside HOW

Angela F., Eastside HOW

Mike C., 5 O'Clock Shadow

Cindy S., New Attitudes

Mission accomplished

Local AA member attends a meeting in every state

A local AA member, who was featured in the January/February edition of AA TODAY, has completed a remarkable quest. Earlier this summer, he attended an AA meeting in Juneau, Alaska. That was the 50th state where he had attended a meeting.

The member, who preferred not to use his first name for these story, has been sober since 1986. In 2001 he was vacationing out West when he starting thinking about how many states in which he had attended AA meetings. At that time, the number was 19. He decided he would make it 50, plus Washington, D.C.

"I drank in every state, so why shouldn't I go to a meeting in every state," said the retired businessman who traveled around the country as part of his job during his drinking days.

He started 2014 with 45 states already on his list, needing only meetings in Alaska, California, Hawaii, Oregon and Washington.

The quest ended in Alaska.

"When the chairperson asked for visitors and I raised my hand. She asked me to give a lead. I did—last paragraph page 43 of Big Book."

A few days earlier at a meeting in the Seattle area he had been advised by local AAs to make the Kihei morning Serenity meeting in Maui, Hawaii, and greet Charlie, who always sat in a certain place.

Continued on Page 6

Did you know?

■ The Fel-O-Ship Group in Beloit, Wis., has the classic photos of Bill W. and Dr. Bob hanging on its walls. However, the group also has the jerseys of two Wisconsin favorites on the wall – Brett Favre and Aaron Rodgers.

■ A.A. took another step into the computerized world recently with the release of a new app for mobile devices. The "AA Meeting Locator" app is a tool to find AA meetings. There are more than 35,000 meetings listed and still more being added. The meetings in the Chicago area are already included. The app tells you if the meetings are open, closed, speaker or Big Book.

6-MONTH FINANCIALS (in \$)

	Feb.	March	April	May	June	July
Starting	5,066	4,770	3,442	3,384	3,640	3,000
Income	1,981		2,173	2,052	1,960	2,230
Disbursement	2,277		2,230	1,796	2,600	2,020
Prudent Res. Transfer	0	1,000	0	0	0	0
	4,770	3,442	3,384	3,640	3,000	3,210

PRUDENT RESERVE: \$6,888 (end of July)

Gotta laugh

It's two o'clock in the morning. The phone rings. A very drunk voice asks, "Harry there?"

"There's no Harry here," growls the half-asleep owner of the phone. "You've got the wrong number."

Five minutes later the phone rings again. "Lemme talk to Harry."

"You've got the wrong number!"

Another five minutes and the same thing.

"Harry?"

"No!"

Five more minutes go by. The phone rings. This time the irate but wise citizen answers, "Alcoholics Anonymous!"

The phone goes dead and stays quiet for the rest of the night.

-- NORM D., Mich.

Board of Directors

- Chair:** Kevin D.
- Vice-Chair** Marty C.
- Secretary** Becky M.
- Vice-secretary** Jo S.
- Treasurer** Patti S.
- Vice-treasurer** John B.
- At Large** Pat G.
- At Large** Linda W.
- At Large** Brett T.
- Office Mgr** Joyce K.
- Newsletter Editor** Doug G.

Group Donations

Thank you to these groups that contributed for your generosity:
 Augury
 Belvidere Travelers
 Belvidere Bridge
 Downtown
 Eastside H.O.W.
 Healthy Solutions
 Muddy River
 Roscoe Recovery
 Upper Room

June/July office statistics

Phone calls	136
Visitors	80
Meeting info	38
Literature/coin	
sales visitors	41
12-step calls	5
Miscellaneous	105
Al-Anon calls	4
NA calls	0
Answering Service	57

YOUR CONNECTIONS TO ALCOHOLICS ANONYMOUS

Rockford Area AA Intergroup, 4040 Charles St., Suite 201, Rockford, IL 61108; 815-968-0333

Email: RockfordareaAA@gmail.com

WEBSITES

Rockford Intergroup: rockfordaa.org

District 70: district70aa.org

District 71: aadistrict71.org

AA World Services: aa.org

Intergroup volunteers

Thank you to these volunteers who've given of their time in handling afternoon office responsibilities:

- | | |
|------------|-------------|
| Nancy B. | Steve C. |
| Maggie D. | John E. |
| Gail N. | Lori F. |
| Ray G. | Don H. |
| Les H. | Theresa K. |
| John M. | Pete N. |
| Chris O'M. | Lori T. |
| Jeanne M. | Don Z. |
| Curt B. | Happy Harry |
| Gary D. | Denny S. |
| Kellie R. | Traci E. |

To volunteer, call 815-968-0333

Glowing From the Inside Out

From a 1986 Grapevine magazine

After 16 months of sobriety, the most incredible experience has occurred. I have had several small spiritual awakenings in the past, two of which were noticeable and occurred as I was driving for extended periods of time with nothing to do but reflect. But this recent experience was more profound.

In my short period of sobriety there have been many ups and downs. Some of the downs have actually been depressions that lasted for days. My sponsor has told me to pray, has even given me specific prayers that she felt were appropriate for my pain. In every instance, talking to my sponsor, doing as I was told, and seeking my Higher Power has brought me out of my despairing moods. I had accepted that life in sobriety would be pretty good most of the time, with little periods of depression that would pass, and I was really quite satisfied with that. If I could just hang onto the program, my Higher Power, and my AA friends, life would be comfortable enough most of the time.

I was completely unprepared for this recent occurrence. I was leading a meeting at our local fall roundup. The subject was making amends as directed in Steps Eight and Nine. I noticed that several faces in the audience looked back at me quizzically and I began to wonder what I was doing wrong. As I looked around at the participants,

something was happening to me. It was unsolicited, unpredicted, and magically strange. I looked at a man who was speaking of his pain in trying to stay sober after treatment programs and short spurts of sobriety, and all I felt was empathy, understanding and compassion. I had a compelling urge to say something comforting to him. I recalled that a few short months ago, I would have judged him repulsive and disgusting. I found that I cherished and understood with perfect clarity everything that he was saying. From that point in the meeting, I felt warm, happy, peaceful and free. I was able to respond to discussion participants with sincere and caring remarks that felt right.

After the meeting several people came up to me and commented on how well I had led the meeting and that they noticed that I seemed to glow. That was how I felt, that was it, glowing! I was astounded that they could visually identify my feelings. Later, in trying to explain this to my sponsor, I told her that it felt like someone or something different was inside me.

Today I know I was experiencing God and the miracle of AA. I am enormously grateful to be an alcoholic and amazed at the depth of spirituality I have discovered I am capable of feeling. That one experience makes me want to work my program more diligently and faithfully so that I can be open for more experiences of the same magnitude!

– R.A., Fallon, Nev.

(Reprinted with permission of AA Grapevine Inc.)



AA COMMUNITY CALENDAR

(To submit calendar items, call 815-968-0333)

AUGUST

17: 15th annual MMAAC Convention committee meeting, 11:30 a.m., Alano Club, 1210 11th St., Rockford. MMAAC.org

22-24: Illinois State Convention, Crown Plaza Chicago O'Hare, 5440 N. River Road, Rosemont

28-31: Southern Motorcyclists in Alcoholics Anonymous Camping Convention. Fall Creek State Park, Pikeville, Tenn. SMAACC.org

29-31: 31st annual Fall Classic. St. Louis, Mo., Airport Hilton Hotel. Fall-classic.com.

SEPTEMBER

4: Anderson Japanese Gardens meeting, 5:15 p.m., free admission, 318 Spring Creek Road, Rockford

4: District 70 meeting, 7 p.m., United Methodist Church, 4506 Highcrest Road, Rockford

13: Rockford Area Intergroup board meeting, 9 a.m., 4040 Charles St., Suite 201, Rockford (AA public invited)

19-21: Rockford Area's 20th Closed AA 12-Step Retreat Weekend. Bishop Lane Retreat House, 7708 E. McGregor Road, Rockford. Info: Mark C. 815-519-2299, Amanda K. 815-519-6216.

OCTOBER

2: Anderson Japanese Gardens meeting, 5:15 p.m., free admission, 318 Spring Creek Road, Rockford

2-5: Seniors in Sobriety International Conference. Scottsdale, Ariz. Prcnana@cablone.net

3-5: 31st annual Midwest Woman to Woman seminar, Rockford, Holiday Inn, 7550 E. State St. Info: midwest-wtw.org, wtw2014seminar@gmail.com

11: Rockford Area Intergroup board meeting, 9 a.m., 4040 Charles St., Suite 201, Rockford (AA public invited)

25: 21st NIA Big Book Conference, Parkview Community Church, Glen Ellyn, 630-510-3069.

31-Nov. 1-2: Stronghold Spirit Retreat, Oregon. \$90. Registration deadline Oct. 15. 815-262-2968. PO Box 419, Freeport, 61032.

NOVEMBER

8: Rockford Area Intergroup board meeting, 9 a.m., 4040 Charles St., Suite 201, Rockford (AA public invited)

21-23: 25th annual McHenry's Soberfest, soberfest.org.

DECEMBER

18-21: Western Area Conference of Young People in AA. Kona, Hawaii. wacypaa18.org

Note: Flyers for many of these events are available for printing online at rockfordAA.org.

NEWS AND NOTES

Schedule change: The New Beginnings group has changed its schedule. The group, which meets at the Alano Group, 1210 11th St., now has meetings at 5:30 p.m. Monday, Wednesday and Friday.



A.A. BIRTHDAYS

(in years)

AUGURY

JULY

- 27: Sue L.
- 19: Nancy H.
- 8: Bob W.
- 3: Howard L.

AUGUST

- 29: Sandra H.
- 25: Hellen H.
- 20: Kayla F.

BELVIDERE BRIDGE

and **BELVIDERE**

TRAVELERS

JULY

- 48: Ron E.
- 21: Nancy K.
- 1: Doug

AUGUST

- 7: Brian F.
- 1: Bill B.

DOWNTOWN GROUP

JULY

- 38: Phyl D.
- 26: Nancy J.
- 24: Lori D.
- 24: Pat L.

- 24: Janet C.
- 12: Donna Mc.
- 1: Summer V.

AUGUST

- 33: Rick K.
- 31: Don Z.
- 31: Joyce K.
- 15: Bobby F.
- 10: Bobbi H.
- 8: Susie D.
- 6: Mitch G.
- 4: Doris P.
- 3: Steve B.
- 3: Jim M.
- 1: Carol B.

EASTSIDE H.O.W.

JULY

- 37: Linda W.
- 37: Jeff W.
- 32: Joe G.
- 30: Hugh D.
- 26: Jim W.
- 25: Gary C.
- 24: Pat L.
- 23: Rich P.
- 23: Greg M.
- 22: Wendy
- 21: Maggie D.
- 21: Nancy K.
- 17: Maryann B.
- 9: Sarah A.
- 6: Adam M.
- 6: Becky M.
- 6: Jami W.

- 6: Linnie H.
- 5: Pam P.
- 5: Joe D.
- 4: Adam H.
- 3: Gary D.
- 3: Sharon R.
- 3: Donna
- 2: David M.
- 2: Kevin S.

AUGUST

- 30: Katie N.
- 29: Kate S.
- 26: Yvonne M.
- 22: Sue P.
- 19: Pete G.
- 19: Tammy K.
- 19: Steve S.
- 18: Tony K.
- 17: Eric F.
- 12: Jan S.
- 10: Janet P.
- 10: Angela F.
- 8: Dan W.
- 7: Linda W.
- 7: Kim L.
- 6: Kevin D.
- 6: Arthur S.
- 6: Jenn P.
- 5: Julie N.
- 4: Jay H.
- 4: Sherry M.
- 3: Matt M.
- 3: Nick A.
- 3: Karen K.
- 3: Suzanne G.

- 2: Melanie L.
- 1: Maia H.
- 1: Mark M.
- 1: Jackie P.
- 1: Jen R.

FIFTH AVENUE

JULY

- 29: JD
- 17: Dale E.
- 17: Pat P.
- 14: Jodi S.
- 8: Harry H.
- 4: Portia A.
- 2: Lori D.
- 2: Linda M.
- 1: Jessica J.

AUGUST

- 27: Dave S.
- 21: Jodi C.
- 20: Kris O.
- 19: Pete G.
- 19: Tammy K.
- 14: Murf
- 11: Jackee F.
- 6: Randy H.
- 5: Larry J.
- 4: Ellen G.
- 2: Nancy L.

5 O'CLOCK SHADOW

JULY

- 3: Dennis E.
- AUGUST**
- 10: Mike C.

- 8: Jeff K.
- 3: Steve B.

HEALTHY SOLUTIONS

JULY

- 34: Eleanor M.
- 34: Linda E.
- 34: Stan V.
- 31: Linda C.
- 27: Pat F.
- 24: Pat L.
- 24: Jeff
- 23: Greg M.
- 20: Deb O.
- 19: Penny H.
- 16: Jim B.

- 9: Jeanine S.
- 6: Fred B.
- 5: Dana L.
- 4: Terry T.
- 4: Bruce M.
- 4: Russ T.
- 3: Steven B.
- 3: Ben O.
- 2: Amanda L.

- 2: Lance H.
- 1: Marty C.
- 1: Matt

AUGUST

- 34: Kris K.
- 30: Myron F.
- 29: Steve
- 26: Don M.
- 25: Mike M.

- 23: Jerry P.
- 20: Jerry H.
- 14: John R.
- 13: Mike F.
- 17: Doug B.
- 17: Dan D.
- 12: Doug VK
- 12: Joan VK
- 12: Bill S.
- 8: Tom B.
- 6: Mike J.
- 4: Jan H.
- 3: Kelley P.
- 3: Erik S.
- 1: Elizabeth F.
- 1: Paula T.

MCFARLAND GROUP

JULY

- 6: Becky M
 - 6: Linnie H.
- AUGUST**
- 19: Steve S.
 - 12: Joan VK.

NEW ATTITUDES

JULY

- 35: Bill W.
- 33: Dave I.
- 26: Curt E.
- 26: Rita

Continued on Page 6

A.A.

BIRTHDAYS

Continued from Page 5

- 23: Greg M.
- 12: Donna Mc.
- 10: Cindy S.
- 7: Jimmy C.
- 6: Boom
- 4: Betty B.
- 1: Summer V.

AUGUST

- 45: Mike W.
- 24: Don O.
- 15: Beth M.
- 15: Bobby F.
- 14: Steve F.
- 8: Susie D.

NEW BEGINNINGS

JUNE

- 7: Mike H.
- 6: Chrissy H.

JULY

- 23: Karen R.

AUGUST

- 14: Murf

OVER FIFTIES

GROUP

JULY

No birthdays

AUGUST

- 34: Bernie M.
- 31: Don Z.

28: Harriet L.

PRIMARY PURPOSE

JULY

- 12: Donna Mc.
- 8: Harry H.
- 7: Jim C.
- 5: Pam P.
- 3: Dencil W.
- 1: Elaine R.

AUGUST

- 28: Edna L.
- 4: Doris P.
- 3: Margaret F.

ROSCOE RECOVERY

JULY

- 35: Julie M.
- 5: Roberta G.
- 4: Chris P.
- 3: Dan F.
- 3: Sharon R.

AUGUST

- 3: Dan R.

UPPER ROOM

JULY

- 24: Mo C.
- 19: Jamie T-H
- 15: Debbie L.
- 12: Donna Mc.
- 6: Tom "Still"
- 5: Julie O'M
- 3: Bobbie T.
- 2: Amanda L.

AUGUST

- 31: Don Z.
- 17: Dan (Poops)
- 14 Mark B.
- 5: Susan
- 3: Carol

No Birthday

Information

Received from

- Belvidere Alano
- Central Group
- Loves Park Group
- Medina Group
- Muddy River
- New Horizons
- Pecatonica Group
- Rainbow Recovery

If your group's birthdays are not listed, please contact your intergroup representative or chairperson.

Hitting bottom

"Definition of an alcoholic bottom: When things get worse faster than you can lower your standards."

— Grapevine

Quest

Continued from Page 1

In Maui, he introduced myself to Charlie and when Charlie found out he was from Illinois he was introduced to Oly, who grew up in Prophetstown, Ill., many years ago and has lived in Maui for more than 40 years. Oly reminisced about family drives along the Rock River to Rockford and what a wonderful city it was.

With the 50-state tour finished, his goal now is to attend meetings in every Canadian province. He has three more to go.

Picnic roundup

More than 130 people attended the AA Intergroup/District 70 picnic July 27. The Augury group won the volleyball tournament and received the jug trophy, a case of Big Books and bragging rights for a year.

Intergroup thanks the groups that helped with the event: Eastside H.O.W., Augury, Roscoe Recovery and Downtown.

Next year's picnic will be July 19 at Alpine Park.

Request to smokers

A local AA member with severe emphysema has a request for fellow members who smoke before and after meetings. "Most of the time when I leave meetings I walk into a group of people smoking, which means I must hold my breath until I can get past them and to my car. Inhaling smoke, exhaust fumes, hairspray and other things significantly damages my lungs," she said in an email.

She asks that smokers follow the state law that bans smoking within 15 feet of entrances or exits in public places. Violators can be fined. "It would be helpful if smokers followed these requirements in consideration of people negatively impacted by smoke," she said.

The 31st Annual Fall Classic
"Courage to Change"
Labor Day Weekend
August 29-31, 2014
St. Louis, Missouri
St. Louis Airport Hilton Hotel
10330 Natural Bridge Rd., 63134 (314-426-5500)



NOTE THE HOTEL IS CHANGED

- The Airport Hilton is the hotel this year
- Hilton Hotel has more parking
- Make room reservations directly with the Airport Hilton
- Identify the Fall Classic event for discount room rates: Friday & Saturday \$75 per night
- Complimentary shuttle bus service from Airport MetroLink station to the Hilton is on call
- All meetings are non-smoking
- Dedicated smoking area on outdoor patio
- Registration Hours: Friday Noon to 10 PM & Saturday 8 AM to 10 PM
- Limited seating at Luncheon, Banquet and Brunch
- Badges must be worn at all events

For registration information contact:
Anita K. 314-680-9146 Email: info@fall-classic.com
Amy B. 314-660-1055

Mail checks & registration forms to:
Fall Classic, PO Box 16872, St. Louis, MO 63105
OR
On line: Registration open May 1st, closes August 21st
<http://www.fall-classic.com>

Auditions for Talent Show: Tues., July 8, 6:30 PM at
Latitude in Dogtown, contact Joe B. 314-808-7150

Name	Registration Fee	\$20.00
Address	Al-anon Luncheon	\$24.00
City, State, Zip	Banquet	\$35.00
Phone	Brunch	\$16.00
Email (to be added to our list)	Total	\$
Special needs	Meal preference (please circle)	Regular Vegetarian
*To Sit Together, "Subnet Together" Banquet Seating: 10 per table Please complete a separate registration form for each individual		

LOOKING FOR SERVICE

WORK?

IF YOU'RE INTERESTED IN...

Creating FUN events for your AA community

ENJOYING your sobriety

Finding YOUNG people (Young at HEART)

Getting OUT of yourself

COME TO ISCYPAA'S BUSINESS MEETINGS & GET INVOLVED.

We meet Bi weekly at HOW at 2:15 PM. 3840 Broadway
Rockford, IL 61108

July Meetings	August Meetings	September Meetings
July 6th	August 3rd	September 14th
July 20th	August 17th	September 28th
	August 31st	

ISCYPAA stands for Illinois State Conference of Young People in AA. Rockford has put in a bid to host the ISCYPAA conference in Rockford in 2016. We are a group of people of all ages; young and old, that come together to create unity in our community, pass on the message of AA, and show young people how to have fun sober. If you're interested about learning more or want to get involved show up at our business meetings!!

Contact Information
Kelly B. 847-786-6110
Ashley S. 814-743-2187

Want one of these flyers?
Send an email to:

Rockfordareaaa@gmail.com or
call 815-968-0333

Declaration of Unity

*This we owe to A.A.'s future:
To keep our common welfare first;
To keep our fellowship united.
For on A.A. unity depend our lives,
And the lives of those to come.*

Responsibility Pledge

*I am responsible...
When anyone, anywhere,
reaches out for help,
I want the hand of AA
always to be there.
And for that, I am responsible.*

- Bill W. co-founder of
Alcoholics Anonymous

< The results were nil until we let go absolutely >
Page 58

ROCKFORD AREA'S 20TH CLOSED AA 12 STEP RETREAT WEEKEND

BISHOP LANE RETREAT HOUSE

7708 E McGregor Rd
Rockford IL 61102
15 miles southwest of Rockford IL

September 19, 20, 21, 2014

Agenda
Friday, Sept 19th
Steps 1, 2 & 3
Mediation

Saturday, Sept 20th
Steps 4 - 9

Open Speaker Mtg.
(All Welcome)
Meeting @ 7:30pm
Raffle following
meeting

Sunday, Sept 21st
Steps 10, 11 & 12
Closing meeting

Check In Begins: Friday Sept. 19th @ 4:00PM
Retreat will start Friday, Sept 19th @ 6:30pm
Cost includes room w/ private bath, linens & meals
Paid in full registrations due August 19th 2014
Registrations are non-refundable after August 19th, 2014

For More Information Call
Mark C. (815) 519 2299 Amanda K. (815)-519-6216

Email address: beyondamanda@gmail.com
MAKE CHECKS PAYABLE TO 12 STEP WEEKEND

Registration For: Sept 19, 20 & 21, 2014
50% Due with Registration Balance Due August 19th 2014
Registrations with unpaid balances will be cancelled

Name: _____ Email Address: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Please check box if you would like your name and number on the phone list for the retreat
Name on Name Tag if different from above: _____
Please circle type of room
Room: Married Room: \$100.00/per person (Shared Room-Same Sex)
Shared Room: \$100.00/per person
Single Room: \$125.00/per person
Roommate (if applicable): _____
Donations to help support the weekend would greatly be appreciated.

MAIL TO: 12 Step Weekend
Brynwood Park N Ship
2599 N. Mulford Road
PMB 141
Rockford IL 61114



Oct. 2nd — 5th, 2014

9th ANNUAL SENIORS IN SOBRIETY INTERNATIONAL CONFERENCE

Come join us for a weekend of A.A. Fun and Fellowship
with Al-Anon participation and Spanish translations lit.

Scottsdale Cottonwood Resort & Suites
6160 N. Scottsdale Rd. Scottsdale, AZ 85253

CALL: 480-991-1414. Mention SPS 2014 for discount or go to: cutandpaste.thelinkbelow.com
https://reservations.ihotelier.com/online_reservation.cfm?groupID=1168117&hotelID=15415
\$119.00 room rate (Up to 4 people). Bring a friend or two!

Presentations on Loss, Coping in Sobriety, Managing as Single, Senior Alcoholics, Tired of profanity in meetings?, and more!

FOR MORE INFORMATION CONTACT: (see our website: www.seniorsinsoberity.org)
Vicki Jo B. Chair vickijob@scottsdale.com 602-322-1775
Micki W. Co-Chair mickiw@scottsdale.com 602-783-1450
Miss K. Registration missk@scottsdale.com 602-710-7202

Mail check or money order to: SPS 2014, P O Box 11111, Prescott, AZ 86304-1111.

1) First Name: _____ Last Name: _____
2) First Name: _____ Last Name: _____
Name on Badge: _____ Name on Badge: _____
Address: _____ City, State, Zip: _____
Email(s): _____
Phone: _____ Special Needs: _____
AF events are Badge Only AA Al-Anon Guest(s) Spanish Translation needed?
Sobriety date (optional): _____

	REGISTRATION	PRICES	HOW MANY?
Registration	\$45.00	(\$50 after Sept. 1 st)	X
Thurs. Night - Ice Cream Social (four treat)		\$28.00	X
Cook-out Corral Fri. Evening		\$28.00	X
Bus trip to Science Museum Sat. (includes bus and Admission)		\$15.00	X
Sat. Night Banquet (check one)		\$42.00	X
<input type="checkbox"/> Stefin X			X
<input type="checkbox"/> Vegetarian X			X
<input type="checkbox"/> Chicken Piccata X			X
<input type="checkbox"/> Gluten Free X			X
Dietary restrictions?			X
Spiritual Breakfast (Sun. a.m.)		\$15.00	X
SPS 2014, P O Box 11111, Prescott, AZ 86304-1111			Total enclosed: \$

31st Annual Midwest Woman to Woman Seminar

A WEEKEND OF WORKSHOPS BY AND FOR SOBER AA WOMEN - HOST CITY: ROCKFORD, ILLINOIS

Event Location:

Holiday Inn
7550 E. State St.
Rockford, IL 61107
(800) 383-7829 / (815) 398-2200 (Rockford)
Room rate is \$80 for single to quad
Mention the Midwest Woman to Woman Seminar
when making your reservation.

"A New Freedom & A New Happiness"

October 3-5, 2014

Cincinnati, OH	Carol S.	513-265-5024	carol@soberinnovations.com
Cincinnati, OH	Lia S.	513-515-0453	amelia@soberinnovations.com
Chicago, IL	Paula M.	312-620-1109	emilied@sober.com
Chicago, IL	Katie	773-551-8393	terringoiv161@gmail.com
Chicago, IL	Cathy W.	847-893-8562	
Rockford, IL	Linda W.	815-633-0967	wendyandjo@illad.com
Milwaukee, WI	Karen P.	414-975-6700	karen@illad.com
Lake Geneva, WI	Lou Ann C.	262-215-8399	con@illad.com
Louisville, KY	Doris R.	502-387-5374	dory8841@gmail.com
Louisville, KY	Taya G.	502-325-6883	Tayagame@illad.com
Northern, KY	Nancy D.	859-441-6575	nancyd1984@yahoo.com
St. Louis, MO	Pat S.	314-640-6485	prism@ps-sally@yahoo.com
Cleveland, OH	Diane B.F.	216-324-4287	ldiane@soberillad.com
Dayton, OH	Carol R.	937-723-7094	amey12@illad.com
Dayton, OH	Rajana R.	937-823-6439	rajana@illad.com
Dayton, OH	Linda H.	937-274-4279	llinda@soberillad.com
Toledo, OH	Eva S.	419-534-2236	evaf@soberillad.com

MAIL IN REGISTRATION FORM MUST BE POSTMARKED BY SEPTEMBER 10, 2014

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Email: _____ Phone: _____
Name as it should appear on badge: _____
Specify Special Needs: _____
(please use back of form for more information)
Saturday Meal Choice: Chicken Prime Rib Vegetarian
Order a Shirt: M LG XL 2X 3X

Registration:	\$25.00
Saturday Dinner:	\$32.00
Sunday Brunch:	\$14.00
Hooded Sweatshirt:	\$25.00
Long Sleeve T-Shirt:	\$15.00
Total Payment:	

Hoodie Sweatshirt: _____ Size: Medium - XX
Long Sleeve T-Shirt: _____ Size: Medium - XX

No Meals or Shirts will be sold at the seminar. YOU MUST PRE-ORDER BY SEPTEMBER 10th, 2014.

Mail check and Registration to: Midwest Woman to Woman Seminar
P.O. Box 15640
Loves Park, IL 61132

Print Additional Registration Forms Online: www.midwest-ww.com
Questions? Email us at: www2014online@gmail.com

IF NOT FOR THE GRACE OF GOD ...

(Real headlines for news stories from across the U.S in recent months)

- DUI driver 'had less than 1 beer' before plowing through burger stand
- 10th DUI nets 8 years for Wisconsin man
- Cops: DUI suspect had Jell-O shots in pockets
- Sleeping DUI suspect had can of hard lemonade and heroin, deputies say
- DUI manslaughter suspect pleads not guilty to hiding meth in body cavity
- Felony DUI charges filed in death of man hit while mowing his lawn
- DUI Driver Gets 55 Years for Driving With Dying Man On Windshield
- Man Arrested for DUI, Drove Drunk to Bail out Wife
- DUI mom drove with 4 kids on trunk because their swimsuits were wet
- Stuarts Draft Man Charged with DUI after Driving on Golf Course
- Police: DUI cop topples iconic liquor store sign
- DUI suspect hit tree while eating chicken wing, FHP says
- Denver DUI attorney advertises on rolling papers
- Jail for drunk driver who caused crash on her way to AA meeting
- Father of fatal DUI victim: 'Life will never be the same'
- Woman killed in suspected DUI crash; husband arrested
- DUI at the Drive-Thru: Police Arrest Woman with 2-Year-Old in the Car
- Police: Man Charged With DUI Had Unrestrained Kids in Car
- Driver facing DUI after striking SEPTA para-transit bus, injuring 5 people
- Rockford DUI arrests have some experts thinking there's a bigger problem
- DUI offender sentenced to 20 years for 2013 Rockford crash
- 2 Dead, Driver Charged With DUI After Car Crashes Into Naperville Quarry
- Authorities: DUI hearing nixed when defendant shows up intoxicated
- Teen arrested on DUI after falling asleep at red light
- Woman charged with DUI at checkpoint with kids, open beer in car

(To read these stories online, use Google.com and search for the headline)

They Died Sober

Local AA members who have died recently:

- Phil D., Roscoe Recovery, 6 years

Note: To submit the name of an AA member who died sober in the past six months, email information to rockfordareaAA@gmail.com.

Faithful Fivers

Help pay for the printing cost of the newsletter and other Rockford Area Intergroup expenses by enrolling in the Faithful Fiver program. By pledging at least \$5 a month, you will provide much-needed financial help. You will get a copy of each newsletter in the mail or by email. Call 815-968-0333 for information.

Quote of the Day

"Isn't a donation of my time and services just as important as my donation of cash? What if my home group had money for coffee, rent and literature, but no one to open the meeting room and make the coffee?"

AA Grapevine, July 1992
"AA Needs More Than Just Money."